



**Escape Velocity World Tuesday Night Crits
Twenty Twenty-Three**

The Escape Velocity WTNC are a Grassroots community-level race series included on the Cycling BC calendar.

WTNC Schedule

May 2
May 9
May 16
May 23
May 30
June 6
June 13
June 20
June 27
July 4
July 11
July 18
July 25

The Route (2.3km)

Loops of Glenlyon Parkway and North Fraser Way, Burnaby



Race Times and Categories

Start Times (may be subject to change):

-6:20 Wave 1, 25 mins, Master Gentlemen & Gentlewomen of Leisure, M5, W4, DEVO Youth

-6:55 Wave 2, 30 mins, M4, W1/2/3

-7:30 Wave 3, 35 mins, M1/2 Open, M3 Open

Price

-\$25 per race if you pre reg

-\$250 for a Season Pass

-\$30 'night of race' reg

Rules and Regulations

Equipment

- UCI Standard Road bikes with drop bars must be used.
- Disc-brakes will be allowed.
- Fenders must be removed for all races.
- Small, saddle-mounted fenders (e.g. "Ass-savers") are permitted.
- Flat bars are not allowed.
- Aero Bars (e.g. Triathlon or TT bikes) are not allowed

Licenses

- All races are sanctioned by Cycling BC and all participants must hold one of the following valid licenses:
 - Any UCI license
 - Cycling BC Provincial Race license
 - Cycling For All Ride license
 - USA racers need to have a UCI license.

Racing Categories & Upgrades

- Adult participants must race in the category indicated on their Cycling BC or other valid license.
- Youth may race either in their age category OR optionally according to the ability category on their UCI license. *Please see below for Junior Roll out and gear restrictions.
- Participants with a a Cycling For All license must race in the lowest category available
- Riders seeking category upgrades must submit a formal request to Cycling BC and follow the UCI Category Upgrade procedure.

Waivers

- All riders must sign an Escape Velocity waiver
- Riders under the age of 19 must have a parent or legal guardian sign their waiver.

Timing chips

- All riders must have a timing tag on their bike for all races with Escape Velocity.
- Tags are \$10 and can be purchased during race check-in. Please bring last year's tag if possible to lessen expenses and environmental impact.
- Lost or Damaged tags must be replaced for \$10

Number Bibs

- All riders must have an Escape Velocity 2022 BIB and pin it visibly during all Escape Velocity races mid back low pockets.
- If you raced in our Spring race please bring your bib.
- Lost or damaged bibs must be replaced at a cost of \$5 each.

Race Experience

- Riders with no race experience must complete a Learn To Race (LTR) course prior to participating in WTNC.

Mechanical Incidents

- If you suffer a mechanical and sit out a lap you will be allowed to re-enter the race in the main group (if that was the group you were in at the time of the mechanical) or any group behind the main group at the discretion of the Race Director.
- You will be allowed to finish the race but must not influence the outcome of the race in any way including not contending for the finish sprint if you have re-entered the race.
- Any racer observed violating the above rules associated with mechanical incidents may be disqualified from the race and receive a warning from the Race Director

DNF – Did Not Finish

- All racers who DNF MUST report to the finish line, registration or to medical staff (if a medical issue is the reason for the DNF). Failure to report a DNF may result in receiving a warning from the Race Director

Yellow / Center Line Rule

- Escape Velocity races are held on open roads and there will be oncoming traffic in the opposite lane. Crossing the center line is dangerous for both you, the peloton and other users of the road. DO NOT DO IT!!!!
- All racers must remain to the right of the yellow center line. Riders must also remain to the right of cones or other traffic furniture used to delineate turns and corners on the course.
- If you are forced over the center line by another rider, you must re-enter the peloton at, or behind, your original position. Riders must not cross the centerline in order to gain advantage or advance up the peloton either intentionally or unintentionally. This will result in immediate disqualification and an additional surcharge may be added to their next EV race event fee.
- Violators of this rule should be reported to the Race Director at registration after the race or to the finish line.

Crossing the Finish Line

- Once you cross the finish line on your final lap you may not cross the finish line again in the direction of the race while riding your bicycle. Any racer observed violating this rule will be disqualified from the race, and receive a warning from the Race Director.
- Do not loiter near the finish line with your bike timing tags as this interferes with the timing equipment. *You can bring the finish line crew chocolate and other goodies but leave your bike tag behind.*

Overtaking

- If your race group is being overtaken by a faster rider or group, your entire peloton must immediately neutralize your pace (20 km/hour for

neutralization) and pull as far as safely possible to the right to allow the other group(s) to pass.

- Once the other group(s) have safely passed, communication should occur within your entire group and a reasonable gap should be allowed to form before your group's pace is brought back up to race speed.
- Faster groups must not overtake slower groups around turns and other areas of the course with low visibility. Self-neutralize, and overtake on the next clear section of the course. Please communicate with all groups on the road when you are approaching to pass.
- Racers must not take advantage of a passing group by attempting to bridge to, and then drafting, the faster group. Any racer observed violating this rule will be disqualified from the race.

Neutralization and Race Control

- Riders must obey instructions from all race officials, traffic control personnel, finish line officials, motorcycle crews, and other race personnel and volunteers.
- Riders may not join or work with other groups from a different start time. If passing a group, or individual rider, riders from different start times ARE NOT ALLOWED TO JOIN OR WORK TOGETHER.
- Red flags signal neutralization of the race. If you see a red flag, the pack should neutralize (20 km/hour for neutralization) immediately, and prepare to obey instructions, up to and including coming to a stop.
- Riders must not pass a motorcycle or car that is neutralizing them unless specifically ordered to do so. Violation of any order to neutralize is punishable by disqualification and an additional surcharge may be added to their next EV race event fee.
- Yellow flags are a warning of an upcoming hazard on course, effectively a "local neutral" in the next section. The pack is expected to self-neutralize and self-resume racing after the hazard has been cleared by the entire pack.
- Traffic control personnel may also signal the pack using a slow/stop paddle, voice, or hand gestures which must also be obeyed.

- Disobeying any orders from all race officials, traffic control personnel, finish line officials, motorcycle crews, and other race personnel and volunteers, will result in disqualification.

First Aid

- Before the race, first aid will be located at the Registration desk.
- First aid will be located near the Start/Finish Line.
- If an incident is serious, please remain where you are. A first aid attendant will be notified and will come to you.

Be Nice

- Be courteous and respectful to all, including non-race vehicles and residents.
- Use the designated washrooms. Any racer observed violating this rule will be disqualified from the race and receive a warning from the Race Director, and an additional surcharge may be added to their next EV race event fee.
- Take your litter with you: this includes putting your mid-race gel wrappers back in your pocket and retrieving discarded bottles. Any racer or team representative observed littering will receive immediate disqualification and an additional surcharge may be added to their next EV race event fee.
- Offensive language, whether directed at passers-by, fellow racers, officials, or yourself, is not acceptable.
- Complaints from the public regarding the violation of these guidelines will jeopardize our ability to organize future races.

Warnings and Repeat Offenders

- Any racer who has received a warning from the Race Director for violating one of the above rules who subsequently violates another rule may be banned from all remaining races at the Race Director's discretion.

Make Smart Decisions

- Use sound judgment while at races, including warming up and cooling down.

- Think twice before chopping a corner or trying to squeeze through a gap that may or may not be there.
- Do not descend while sitting on your top tube, this is just plain common sense.
- We want races to be competitive and for you to challenge yourself and have fun, but remember that at the end of the day, EVERYBODY has to go back to work on Monday.

Disputes

- All disputes regarding race results, or race incidents, must be made with the Finish Line Officials immediately after the conclusion of your event.
- Results and decisions made by the Finish Line Officials are considered final 20 minutes after posting.