

EV WTNC PNE ROLLER COASTER CRIT!

July 20 & 27, 2021

Technical Guide

Organized by:
Escape Velocity Cycling Club



GENERAL INFORMATION

Escape Velocity is proud to present new PNE Roller Coaster Crit

Race Director: Ryan Cousineau (rcousine@gmail.com)
Escape Velocity Executive Director/Race Organiser: Jeneen Sutherland
(ev-ed@escapevelocity.bc.ca)

GENERAL SERIES INFORMATION

- All participants must pre-register on CCN 48 hours in advance.
- **There will be no on site registration**
- Entry fees are non-refundable
- Medical assistance will be located near the registration
- The event(s) will be run under Cycling BC/Cycling Canada/UCI rules.
- All racers must have a valid Cycling BC Provincial Race License, Cycling BC UCI License or Cycling Canada/UCI license. Cycling BC Cycling for all membership is acceptable for CAT 4 only.
- Categories with fewer than 4 starters may be merged with another age or ability category at the discretion of the Technical Delegate or Chief Commissaires for the start, but will receive awards separately.
- Equipment regulations to be enforced for ALL categories. There will be NO exceptions. All bikes must be road style drop bar bikes and conform to UCI bike rules. No mountain bikes or flat bars. Bikes cannot have fenders, racks, mirrors or other accessories that may pose a safety risk to the race. No E-bikes allowed in any category.
- Approved helmets are mandatory for training, competition and anytime you are on a bike.
- **MASKS ARE APPRECIATED AT REGISTRATION.**
- **We are currently in STEP 3 of BC's COVID restart plan. However, we still recommend physical distancing when not racing.**
- **PLEASE DO NOT COME TO THE RACE IF YOU ARE FEELING UNWELL.**

Eligibility

- **Due to the technical nature of this course we strongly recommend that riders have previous experience crit racing or have completed LTR 1 & 2 or an equivalent LTR course.**
- No one-day event licenses will be sold

Check-In

- Check-In is required upon arrival at the site
- Number pick up occurs on race day and requires the presentation of a valid BC, CC or UCI race license. Sign-on and number pickup will close 30 minutes prior to the start of

all races. If you already have an EV timing chip please bring it.

Schedule/ Race Categories (all categories are limited 40 participants)

- 4:30PM Registration Opens
- **5PM OPEN COURSE FAMILIARIZATION**
- 5:30-6PM: CAT 4 Men (8 laps)
- 6-6:30PM: CAT 4 Women (8 laps)
- 6:30PM: kids race U15/U13 (3 laps)
- 6:45-7:15: CAT 3 Men (8 laps)
- 7:15-7:45: CAT 1,2,3 Women (8 laps)
- 7:45-8:15PM: CAT 1 & 2 Men (10 laps)

Races will start with a rolling neutral lap.

Course Map

The course is a 1.6 km loop. Registration is located at the 'R'.



Staging and Start Protocol

- Racers must be at the staging area 10 minutes before their race start time.
- Warming up on the course while a race is in progress, or at any other unauthorized time, is strictly prohibited and may result in disqualification. Please respect the other racers by not warming up immediately behind the last place rider in the ongoing race.
- Helmets must be worn AT ALL TIMES when riding the course & failure to comply may result in disqualification.

Other Equipment Regulations

- Race numbers and timing chips will be distributed at registration. However if you have a timing tag please bring this with you.
- Chip placement will be on the seat post.
- Numbers must not be folded or modified and must clearly show all advertising.
- Numbers must be completely visible at all times during the race.
- Number placement will be displayed at sign-on.

Important

- All athletes who have placed on the podium must attend the awards ceremonies.
- Riders must wear cycling apparel to the awards ceremony.

Doping Control

- All races are conducted under UCI anti-doping regulations
- It is the riders and team manager's responsibility to know the rules

Inclement Weather

- The race will be held rain or shine. In the event of unsafe weather (e.g. lightning or cold conditions or flooding) on race day, race officials may delay or cancel racing.
- There will be NO REFUNDS issued.

AMENITIES, SAFETY, ETC.

Race Services and Amenities

- Washrooms are available on the site. Ask at registration.

Parking

- For access and parking details see here: <https://www.pne.ca/getting-to-playland/>

First Aid and Medical

- Trained, dedicated medical staff will be in place during the event, with primary location near the registration.
- The area is served by 911 service
- The nearest hospital with full emergency/trauma capabilities is less than 10 minutes away:

Burnaby Hospital

3935 Kinkaid St.
Burnaby